Know Your Lanes
BowlingEssentials.com

The Lane is your “Playing Field”

The Lane is 60 Ft long from the Foul Line to the Head Pin.

The lane is about 41 inches wide but is “Measured” in Boards. There are 39 Boards. Board 20 is the Center Board counting from either side. It is marked by the Center Arrow. Arrows are 5 boards apart for easy Board Counting.

The Arrows are used for Targeting your shot. They also happen to line up on the same boards as the key Pins are located. There are Locator Dots in several areas and are also used as Targeting Aids.

Many Centers have 4 Dark Boards marking the Back End. This is where the Break Point happens and your ball starts to grab and hook.

“Knowing what is called what is crucial when targeting, and also helps in describing and understanding ball travel, location and reaction when analyzing and adjusting your shots.”

Coach V. - BowlingEssentials.com

Lane Diagram is not exactly to scale. Please note distances